



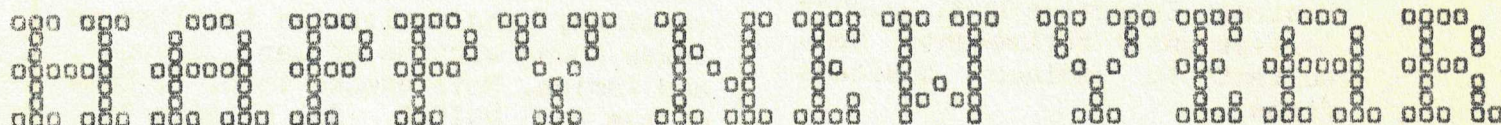
Broadmead

VOICE OF THE RESIDENTS

Vol. 2 No. 4

COCKEYSVILLE, MD.

JANUARY 1981



DECORATIONS, MUSIC GALORE, AWARDS TO EMPLOYEES MARK BROADMEAD XMAS

The year-end holidays began early at Broadmead, with the most colorful and plentiful of decorations appearing everywhere; then came music in wide variety; then the presenting of pins to all 60 staffers who have been at Broadmead at least one year. There was the Christmas Day dinner and, of course, the party and parties which saw the old year go out and the new year come in.

December had not dawned when Cyril and Esther Mahan called up their friends and asked them to join them in a working party to decorate Holly House the first week in December. The Mahans furnished the bar and a light supper via the Food Service, while D. Martin Trueblood, executive director, bought the towering Christmas tree out of his own pocket.

There was lots of fun, but before the singing of carols, the entire first floor

Cont. p. 12

XMAS FUND TOTALS OVER \$16,000

The Christmas Employees fund, contributed by Residents to provide Christmas gifts (in money) to the employees of Broadmead, totalled \$16,675. This means nearly 100 per cent participation by Residents at the suggested figure of \$50 per Resident. Just a small way of repeating appreciation for the services of the men and women who keep Broadmead running. The fund was raised under the auspices of the Broadmead Residents Ass'n, Kenneth Walker, pres.; Cyril Mahan, treas.

HOW NEW YEAR'S SEASON AS CELEBRATED EVOLVED FROM PAST TO PRESENT

New Year's, as a day celebrated and as a greeting, has its roots in custom, traditions, and practices that go far back into pagan times, long before the Christian era. From Mesopotamia, it traveled to Greece and Rome and, eventually, up the Danube to the frozen northlands.

To these early peoples it seemed that the last days of one year were a struggle between the gods of the Upper World and the demons of chaos--a mighty struggle between light and darkness. It was essential in every way, therefore, to pacify the gods, in order to bring about the return of the longer brighter days.

Around Dec. 22, as we now reckon the calendar, the turning point of the solstice, it became a time for joy and celebration--a time for man to refresh and revitalize himself.

Great feasts were prepared and they spread from the temples to the homes. Gifts were given not only in gratitude to the gods but to family and friends--similar to our Christmas giving. The celebration lasted a week and then the New Year began, when work ceased so that people could renew their strength.

This was a season to cement friendship and conciliate enemies. What one desired for another was expressed by the kind of present given, for example:

1. Honeyed things, in order to insure that the recipient would be full of sweetness.

Cont. p. 5

WEDNESDAYS

Time: 2 p.m.

Place Auditorium

- Jan. 7 - "The Maryland Food Bank"
by Ann Miller, executive director of the Bank and its founding spirit.
- Jan. 14 - "Inflation: Causes and Remedies"
Dr. Fredrick G. Reuss
Chairman Economics Dept. Goucher College until retirement. Consultant to various business firms.
- Jan. 21 - "The Nile by River Boat"
Randolph Rothschild - world traveller with a camera (He will show slides).
- Jan. 28 - "Literary Traditions of Maryland's Eastern Shore"
Peter D. Adams, Professor in English Department, Essex Community College, graduate of West Point and the University of Massachusetts.

TRIPS & SHOWS

New Policy for "The Touring Machine" as of Jan. 1, 1981;

(1) They will need eight reservations to have the bus come to Broadmead. Otherwise you must drive to Towson Methodist Church parking lot or point of departure.

(2) Reservations are to be mailed directly to them. Fliers will be mailed directly to those whose names are on the list. Anyone wishing to have her (his) name put on their mailing list, may do so. (Phone 825-6562, Mrs. Hall) At present there is no charge.

"The Voyagers" need 10 reservations for the bus to come to Broadmead. Otherwise you must drive to the Notre Dame Mother House parking lot on the northeast corner of Bellona Ave. & Charles Street. Fliers will be mailed from time to time. There is an annual charge of \$3.00 beginning March 1. (Tel. 523-5635, Mrs. Smith) --Charlotte Singewald

UNICEF APPEALS FOR STARVING

This is a reminder to Broadmeaders that UNICEF, that most trusted of UN agencies, is making a special appeal for the six million (6,000,000) children starving in four East African countries--Uganda, Somalia, Ethiopia Djibouti. UNICEF needs your help to rush emergency food, drinking water, vaccines, and sanitation supplies to these young victims of war, drought, and famine. Mail checks to U. S. Committee for UNICEF, 331 E. 38th St., New York, N. Y. 10016, or send to Resident Kit Taylor, B - 9.

MOVIES

Tuesdays 7:30

Place - Auditorium

- Jan. 6 Born Free
Jan. 13 Ascent of Man (6)
Jan. 20 Born Yesterday
Jan. 27 Ascent of Man (7)
- Feb. 2 Ring of Bright Water
Feb. 10 Ascent of Man (8)
Feb. 17 Stars and Stripes Forever (Sousa)
Feb. 24 Ascent of Man (9)

YOGA CLASSES RESUMED

Margarete Davis will be starting a new series of Yoga classes on Mondays, beginning Jan. 5, 1981, according to Anne Niles who is prepared to accept registration (Six lessons, \$9.00---Phone 666-0979). New members will meet at 10 a.m. and advanced enrollees at 11 a.m. in the recreation room.

PRESSING IRONS WANTED

Does any Resident have an extra pressing iron? The Housekeeping Department is in need of a few additional irons to use in the Broadmead laundry. If you have any extras not in use, call Marianne Bachmann via the Broadmead switchboard 628-6900.

PERSECUTION PRECEDED QUAKERS' RISE TO WORLD RESPECTABILITY

Very few non-Quakers know that, once on a time in England, over 2,000 Quakers died in British jails, and that they were otherwise persecuted because their religious ideas differed from the religion of the official church. They died mostly from starvation and from lack of minimal care.

These were some of the revelations brought by Joseph Kovner, clerk of the Homewood Friends Meeting and a member of the Broadmead Board of Trustees, to a Wednesday afternoon audience in the Auditorium on Dec. 10. He spoke on "Seventeenth Century England and the Rise of Quakerism."

Despite this kind of persecution, however, the years 1640-1660 represent the years when George Fox, founder of Quakerism, began his preaching and founded what is now the Religious Society of Friends.

"This was a time of intense religious feeling; sometimes it was a matter of life or death," Kovner said. "But it was also a time of immense change; when the royal power declined, Parliament became more powerful, and religious freedom crept in."

George Fox, son of a miner, attracted many of the aristocracy to his movement, including William Penn, and they took Quakerism wherever they went, as England expanded in commerce, business, and finance, and overseas expansion. "But, while many heard, the Quaker movement has never become a large movement, counted by numbers of people," it was explained. "However, many people have adopted the Quaker principle that 'There is that God in every man.'"

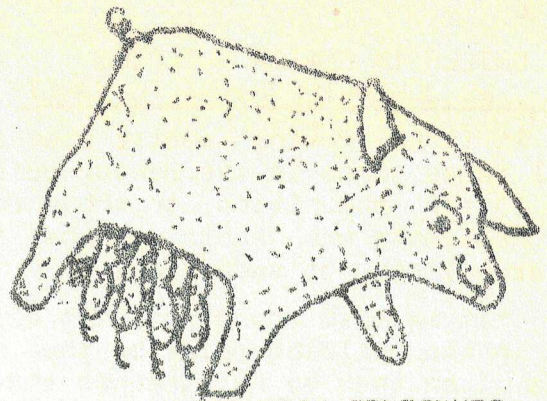
Many other aspects of Quakerism were discussed, including its highly respected position on war and peace.--S.J.F.

4-H CLUB SERENADES CLUSTERS

The Dulaney Valley Four-H Club sang Christmas carols throughout the clusters on Dec. 22. Ada Gribble, Broadmead's substitute bus driver and across the street neighbor, is the leader of this group of boys and girls who, with their parents, sang so cheerily for our Residents.

INTERESTED IN THE ESOTERIC?

An initial meeting with Claire Walker, to consider a discussion group time, will be held at 10:30 A.M., Thursday, Jan. 8, in the Lower Lounge.



PIG CONTROVERSY CONTINUES

Months ago, Val Ellicott asked permission to keep a pet pig at Broadmead. Val Ellicott is a Resident. Karolyn Huffman said the pig would have to come to her office to be interviewed. The pig, "Oinck" (a descendant of Porcilletta whose statue is in Florence, Italy), came in on Oct. 1, but Karolyn deferred judgement because "Oinck" came with three dependants. This made the question controversial, she said, and it would have to await the general approval of the Residents (perhaps of the whole Broadmead board, not to omit the county board of health). The "problem" since then has been referred to the Voice, to ascertain expressions, pro and con. In the meantime, "Oinck" can be seen, most of the time, in the Country Store (the Coffee Shop) where the pickings are, reportedly, not to be sneezed at. By the way, if "Oinck" ever gets to settle here, the second half of the Ellicott family will have to help take care of it (her and brood). If not in the Coffee Shop, "Oinck" will (or may) be seen at the Reception Desk.

NEW PHONE INSERTS OUT

The Broadmead Residents telephone directory has been revised and updated and was placed in the Residents' internal mail cubby holes on Dec. 11. These pages should be placed immediately in the yellow loose-leaf information books which each apartment has. Already, some Residents are counting how many couples are in Broadmead, how many singles and, of course, how many men, since there are so few of the male species here.

DEADLINE FOR FEBRUARY ISSUE JAN. 15, 1981

FIRE DRILLS IN CENTER BUILDING NO JOKE--IMPORTANT TO SAFETY

It is no joking matter when a fire drill takes place in the Center Building. This is the admonition to those ambulatory Residents who happen to be in the Center Building at such time.

"It is most important that all persons in the building abide by the directions given them by Maintenance and other Broadmead personnel," William (Bill) Muth told the Voice, as he asked for its aid. "If the fire drills are ignored, one of these days there may be a real fire and many people will be caught in it--just because they will not know what to do."

Mr. Muth could also have said that it would be a violation of law, if Broadmead did not conduct periodic fire drills.

A word to the wise--or even the unwise in this case--should be sufficient.

MENDING FOR BROADMEAD GIVES NEW DIMENSION TO "SEW AND SO" GROUP

One day at lunch Resident M. was interested in the activities of the Sew and So group. "But you do all that work for needy babies. Why do you neglect Residents at Broadmead?" Resident H. spoke up: "Yes, I had some badly needed mending to do. It took me all morning to thread the needle." This set the writer to thinking and soon a notice appeared on the bulletin board, inviting Residents to call one of the volunteer menders on the list. The only recompense was the suggestion that the Resident make a contribution to the Sew and So Group to buy materials for their charity work.

One volunteer has accepted responsibility for mending on Taylor and Hallows Halls. By the amount she turns over to our treasurer she must stay up at night doing the mending. In fact, it is an indication of the great need for this service, and it gives us a wonderful feeling of being needed.

There was the man who has the usual difficulty about his waistline. We put a three inch gusset in the back of his OJs.

A Resident had a handsome ascot neck-piece, which he enjoyed wearing. One of our menders got a piece of real silk cloth

REPORT ON BARN SALE

A success story! Those who donated items to the first barn sale and those who bought (Nov. 28) will be pleased to know that their efforts resulted in total receipts of \$1,374.00. This sum was divided in the following manner:

To Residents Ass'n.....\$983.00
To Residents Assistance Fund.. 391.00

Future barn sales will be held when sufficient items have been collected, according to Cyril Mahan, treasurer of the Residents Ass'n. Incidentally, the "barn" sale was not in the cold barn but on the Lower Level. See also Page 9.

and he soon had a new ascot. Another mender put a new lining in a cherished French beret.

Yet another Resident was so pleased to have his invalid wife here that he purchased some new clothes for her. We shortened them. Several Residents had brought beautiful materials with them. We have made skirts and vests with this material. We had the pleasure of seeing one man's joy when we repaired his favorite jacket.

Not to neglect Broadmead, we have mended innumerable Turkish towels for House-keeping. We expect to start on sheets very soon.

Those of us who are engaged in this sewing and mending feel great satisfaction in filling an evident need. Also we enjoy the friendly contacts with other Residents.

Margaret T. Bouchelle

Deadline, Feb. issue, Jan. 15, 1981

HAPPY SIGHTS

To see Beulah Tatum walk into the dining room, after such a long time.....

To recall, too, that Sybil Mary made her first entrance, unaided not so long ago, after an extended bout with illness.

If any of our readers knows an item suitable for "Happy Sights," please send it in.

How New Years As Celebration Evolved

NOTS GO FAR BACK INTO HISTORY
AND FOUND AMONG ALL PEOPLES

Cont from pg. 1

2. Lamps for a year of light (present-day custom of candle-lighting stems from this old fear of darkness);

3. Copper, gold, silver--that wealth might flow in. After the gift-giving came a shower of New Year's resolutions.

* * *

The Mummers Parade, now held every New Year's Day in Philadelphia, dates back to Babylonia and later to Rome. It was a way for people to cheer themselves in the gloomy period of the year. They wore masks and funny hats through the streets, and used noise-makers, horns, and explosives, much as many people do today making "whoopee" on New Year's Eve. The ancients hoped the explosives would frighten away the evil spirits--and this is recalled today by legal fireworks exhibitions in most cities and by personal explosion of fireworks in the South.

The Norsemen's festival was similar to the Roman Saturnalia. It was called Yule and these people felt that at this turning point of the year the fortunes ahead would be revealed and that their good god Odin would be checking up on them.

BROADMEAD'S TWO CLAIRES

Better stated, it would be the Voice's two Claires, as revealed in the present and December issues. First, long ago, we asked Claire Walker, feature writer on the Voice's staff, to write a special piece around the Christmas idea or the Christmas spirit. This contribution appeared last issue (p.3). Next, sometime later, in looking for a person to do a similar chore for the New Year, it dawned upon us, "Why not try the other Claire known to the publication". No quick "Yes" to either invitation, but they both have written, Claire Stieff's herewith adjoining. By the way, there is another Clare (Hardy), but spelt differently from the two Voice writers.

The howling winds spread fear as well as cold, so when Yule logs were brought from the forest and ceremoniously burned, the smoke and fire (light against darkness) brought cheer and allayed their fears.

Greens were brought into the house, too: ivy, holly, yew, pine, spruce, and fir, with which to decorate and scent the halls.

In pagan England the greenery most revered was the mistletoe. It was cut down in December by the Druid priests in stately and solemn procession and distributed among the people in small portions. The sprigs were religiously hung over the doorways of homes where the curative power of the plant was believed to be endless (a far cry from the present use of the mistletoe).

* * *

In present-day America, we have borrowed much from the past in our celebration of the New Year, and we have added some new angles. We make many New Year resolutions (and keep a few). There is much eating of herring at midnight or, if you are in, or from, the South, even more eating of black-eyed peas or black-eyed peas and rice (called "Hoppin' John" in the Caribbean). Hot toddies or rum punch, plum pudding or fruit cake are sure to be served. The older couples may gather around the fire and the eggnog bowl and listen to Guy Lombardo's orchestra, on radio or TV. The younger set have more exciting, away-from-home ways of greeting the New Year.

Climaxing the going out of the old year and the entrance of the new, there would be the singing of "Auld Lang Syne", the signal to claim the first kiss of the year from one's favorite love, and the shouting of "Happy New Year!"

New Year's Day used to be a time for visiting family and friends but, today, it is more likely relaxing at home viewing the Mummers Parade, the Rose Bowl Parade, or seeing one of the football "bowl" games.

It is important to recognize that although the Christian New Year comes an-

Cont. on pg. 6

RULES FOR WRITERS

Whether you write for the New York Times or the Voice, these are some rules to follow:

1. Always type whatever you write, unless it is totally impossible to do so; if you cannot write legibly, try printing.
2. Always double-space "copy", whether you type or write.
3. Leave generous margins on left and right side of page.
4. Begin the first page of any article about one-third down from the top of first page.
5. Please identify who the writer is and the date of writing.
6. Watch spelling and check names and dates before writing or certainly, before submitting article to editor.

=====

HOW NEW YEAR'S SEASON EVOLVED from pg. 5

nually on January 1, according to the Gregorian calendar, other peoples welcome their New Year at other times.

The Jewish New Year, called Rosh Hashanah, is observed between Sept. 11 and 29 and is followed by Yom Kippur, the day of Atonement.

The Chinese celebrate their New Year according to the lunar calendar, between Jan. 21 and Feb. 19. The Chinese, noted for celebrating with firecrackers, paper dragons, and parades give each year a special name, such as "Year of the Tiger" or "Year of the Dragon."

And there is so much more to write about the concept, spirit, and practices of welcoming the New Year!

Claire M. Stieff

IN MEMORIAM

Elizabeth T. Speers

June 21, 1893 - November 24, 1980

Alice M. Shoff

May 4, 1910 - December 22, 1980

=====

KEITH MARTIN'S ART EXHIBIT DREW BROADMEADERS AND DOWN-TOWNERS

There was an outpouring of affection and admiration when two score and more Broadmeaders gathered at the Grimaldis Gallery to view the latest art exhibition of Keith Martin. There was pride, too, in the knowledge that this noted artist is one of them and for a moment they could share in this recognition of his achievement.

The exhibition, which opened on Dec. 4 and continued throughout the month, consisted of collages, water colors, prints, and oils. The Residents and staff members were intrigued and not at all put off by the absence of the representational. There were no recognizable flowers, no fruit, no animals. Instead, there were lines, shapes, colors, arranged in a variety of abstract ways.

These offerings gave the lay viewer a sense of the high imagination and exquisite craftsmanship on the part of the artist. Serious, whimsical, playful, or bizarre, they left the viewer the freedom to respond to them in his or her own personal way. If there were symbolism here, one had the pleasure of discovering it for himself or herself. There were no names to help.

Then, too, one's imagination could soar, creating its own images. Best of all, the mind could probe a bit, in an effort to uncover what Keith Martin the artist, was up to, and at the same time yield to the pure pleasure evoked by the totality of the composition.

Broadmeaders (part of many, many other viewers) came, saw, admired, and enjoyed.

--H.H.F.

JONESES CELEBRATE 50th ANNIVERSARY

Robert and Louise Jones celebrated their 50th wedding anniversary on December 28 by giving two parties in Holly House so they could accommodate all their friends.

MODERN TECHNOLOGY

An American company announces an invention; the Russians claim they made the same discovery 20 years earlier; the Japanese start exporting it.

--Modern Maturity

VARIETY MARKS XMAS PROGRAMS
PRESENTED FOR BROADMEADERS

Here's a rundown of the Christmas programs that entertained Broadmeaders during the Christmas season, as recorded by Mary Stuart for the Voice although she might have missed one or two events. This list augments what has been written about Christmas at Broadmead, beginning on page 1.

The Northern Baltimore County Chorus sang for Hallowell Hall, Dec. 1.

Broadmead Residents, under the direction of Ruth Hall and Sandy Krone, gave Chanuka music program on Hallowell, Dec. 2.

Worthington Valley Garden Club decorated the main lounge, Dec. 9.

Broadmead Flower Committee began decorating Center Building, Dec. 10.

Eleanor Matthews and Elizabeth Muller gave a Christmas musicale on Hallowell, Dec. 11.

Bryn Mawr School Handbell Chorus and Madrigal Singers performed for Broadmead, in the auditorium, Dec. 14.

Matthew Purvis gave a performance of "Christmas Cameos," on Taylor East, Dec. 16.

Claire Walker spoke on "An Esoteric Christmas," in the auditorium, Dec. 17.

Matthew Purvis repeated "Christmas Cameos" in the main lounge, Dec. 18.

Cockeysville Elementary School Chorus and Instrumentalists, in "Music Around the World," in the auditorium, Dec. 19.

Baltimore Choral Arts Society gave a program of Yuletide music, Dec. 20.

The 4-Hers of the nearby community serenaded the clusters, Dec. 22.

Special Christmas Eve party, centered around "The Christmas Story," in the main lounge, Dec. 24.

LIBRARY NOTES

The Library has been given a beautiful Christmas present by a grateful Resident: Italian Paintings in the Walters Art Gallery, by Federico Zeri . . . 1976. 2 v. This heavily illustrated definitive set of volumes is not usually to be found in a Library such as ours. We are most grateful and urge you to make use of them in the Main Lounge, where they can be found on one of the tables. --E. C. S.

DECORATIONS, MUSIC GALORE, AWARDS
TO EMPLOYEES MARK BROADMEAD CHRISTMAS

Cont. from p. 12

mas carols on Dec. 22. Of course, Broadmead's own chorus sang on many occasions, including New Year's Eve.

As always everywhere, food and drinks played a part in the holiday celebrations. Punch was served to the visiting young people who performed; coffee, etc., was served at the coffee hour on Dec. 15, when Residents joined trustees after dinner for fellowship; light refreshments were also served when the Board of Trustees honored staff members who had served for 12 months or more, at the pin-presentation program.

The Christmas Day dinner in the Main Dining Room consisted of roast turkey with corn bread dressing, with all the trimmings. There were cream of asparagus soup, jellied cranberry salads, scalloped potatoes, yams cooked with apples, green peas, sauerkraut. For dessert there was a choice of fruit cake and mince meat pie, as baked by the Broadmead Food Service.

Not to be by-passed is the spirit that pervaded Broadmead from Thanksgiving to the end of the year. Even those who went away to spend the holidays with their family and friends went with reluctance, feeling that, as one person put it, "I'd like to be spending the holidays right here at home" (home meaning Broadmead).



Please "Bear" with us in 1981.

BEGINNING.....

"In the beginning..'" What awesome majesty in these words of St. John! Can we grasp such a concept at the first beginning?

On the human scale a beginning implies a previous ending. "Each day is a new beginning" is an opportunity to improve on the past.

The Jewish people incorporate the old ending with the new beginning in their celebration of the new year, their High Holy Days in September which begin with Rosh Hashanah and close with Yom Kippur. According to Jewish tradition, the Book of Life is opened on Rosh Hashanah and the good and evil deeds of each individual are carefully examined.

Recognition of God as the universal judge, sincere regrets for wrong doings, penitence and charity to atone for past sins mark the ensuing ten days. Before Jews can be forgiven for sins, they must seek and obtain pardon from those they have wronged throughout the year. Before Yom Kippur all disputes must be settled, wrongs committed against others confessed, and forgiveness must be granted by those who have been harmed. At the same time, all Jews must themselves be forgiving and must not seek revenge or carry malice. A merciful God demands mercy of them before He will listen to their prayers. At the sound of the shofar (the ram's horn) on Yom Kippur the Book of Life is sealed for another year.

Our "good resolutions" seem a pale reflection of this soul-searching, but certainly New Year's can be an occasion to begin "the first day of the rest of our lives" with a considered resolve to improve ourselves.

A brief editorial in the Christian Science Monitor not long ago made this suggestion: "Suppose we did not just hear our friend, our neighbor, our spouse, our fellow-men - but listened intently, consciously, with our whole intelligence. What unsuspected glories we might share. Anyway, isn't it the least we can do?"

--Dorothy Graham

YOU CAN ALWAYS tell a well-informed man. . . . His ideas are always the same as yours.

LETTERS

Dear Voice:

I want to thank all the dear and understanding friends in Broadmead who have sent cards and letters filled with love, both before and since Elizabeth's death. Please know how you have held me up and given me strength. I do thank everyone of you, and so does all my family.

--Guthrie Speers

Dear Voice:

We wish to thank whoever was responsible for sending the November issue of the Voice. We made application to Broadmead last July and this tells us a great deal about life at our expected home-to-be. We would be pleased to receive some of the available back issues. Enclosed check is to help with your expenses.

--Amos and Florence Horney
Las Cruces, N. M.

BEG YOUR PARDON

That printer's devil is at it again. In the December issue of the Voice he described the Cockeysville Post Office as a "branch" office. It is no branch. It is a full-fledged post office. Much more regrettable, our printer's devil called our good friend and neighbor, Joseph Dyson, a "branch superintendant." Instead, he is THE POSTMASTER OF THE COCKEYSVILLE POST OFFICE. The Voice is sorry.

The Music Committee is also sorry that a news item it submitted to the Voice, and which appeared in the Dec. issue, omitted the name of Anne Niles, one of the most active members of the committee.

VITAL STATISTICS

Sadie Reier (C-4) will celebrate her 93rd birthday on January 3.

Residents: please change the listing of Jones, Dorothy (Miss) in the new directory to Jones, Dorothy L. (Mrs.)

Please correct your directory, also, to show that Dorothy Staines' telephone number is 628-0932.

DEADLINE FEB. ISSUE JAN.15

HEALTH CARE VOLUNTEERS HEAR REPORT, GET COORDINATORS

A meeting of the Health Care Volunteers who serve on Hollowell and Taylor Halls was held on November 28. Dorothy Craig, chairperson of volunteers, reported her impressions of a visit to the Health Care facilities at Foulkeways which she, along with other members of Broadmead's Health Care Committee, made on October 23. Although the Foulkeways volunteers do a greater variety of tasks, she feels Broadmead has made a fine start. She was particularly impressed with the number of men who volunteer for services at Foulkeways and urges a greater effort to enlist Broadmead men to serve male Residents of Hollowell and Taylor. These Residents would indeed welcome some "man talk" for a change.

Because Health Care volunteers on Hollowell and Taylor Halls provide many different services, Dorothy Craig and Mary Stuart, director of volunteers, have grouped their activities under a number of coordinators. The following coordinators were named and their responsibilities discussed: Special Services, Dorothy Craig; Correspondence and bookkeeping, Clare Harry; friendly visitors, Margaret Otis, Hollowell, Margaret Cromwell -- Taylor; group activities, Marie Cunningham, hospitality not yet assigned; needlework, Sibyl Nary and Eleanor Terry; plant care, Agnes Levy and her committee; recruiting, Martha Gross; Taylor desk, Adda Gilbert; and transportation and escort service, Jean Moser.

EATING HINTS FOR CANCER PATIENTS IN FREE BOOKLET BY GOVERNMENT

A small booklet, of 82 pages, on "Eating Hints," for those who are undergoing treatment for cancer, or are caring for such persons, has recently been published by the National Cancer Institute, a branch of the federal government.

For those at Broadmead who are preparing one or two meals for themselves daily, it has suggestions on how to meet certain problems, such as nausea and vomiting during chemotherapy and other digestive disturbances; how to add protein and calories to one's diet if this is advisable; which foods are low in fat or fiber; how to eat in small amounts and more frequently; and how to save energy in food

preparation.

This booklet is written primarily for cancer patients who are still living at home with their families. It is helpful, also, however, to anyone who is having cancer treatment. There are 20 pages of recipes which look appetizing and include lowfat, low lactose, or low sodium diets. The amounts of calories and proteins per serving are also listed.

"Eating Hints" is free from the National Office of Cancer Communications, National Cancer Institute, Bethesda, Md., 20206.

--Louise Jones

CPA OFFERS TAX SERVICE

Resident Max Hitchman, a CPA who was licensed in New York, has informed the Voice that he is willing to help any of his co-residents with their income tax, if they will call upon him (628-0333).

On the Center bulletin board, there is also similar notice that help is available to Broadmeaders with tax problems, from Loyola College volunteers on Feb. 19 and Mar. 5--Thursdays--6:30-9:30 p.m. In both offers, the service is free of charge.

FLEMING AWARDED LAUREL WREATH

The "Laurel Wreath", the highest honor "for achievement" awarded by the Kappa Alpha Psi Fraternity, was bestowed on G. James Fleming, editor of the Voice of the Residents, on Dec. 28, during the 63rd Grand Chapter meeting of the fraternity in Atlanta. At the same ceremony, "Humanitarian Awards" were presented to Henry Ford II, president of the Ford Motor Co. and to Patricia Roberts Harris, secretary of the U. S. Department of Health Education, and Welfare (lately changed to Department of Health and Human Services).

Kappa Alpha Psi, now mostly a public service fraternity, was founded at Indiana University in 1911. Fleming has been a member since 1935.

APPEAL FOR VASES

If you (residents or futures) have any vases, or a surplus of them, please earmark them for the Flower Arrangers, via Agnes Levy, convener (phone: 667-6028). The containers needed can be of any material and size, but mostly needed are glass of 12 inches, or more, in height. But all kinds can be used somewhere.

RESIDENTS' DIRECTORS MEETING
SUMMARIZED BY 'CHUCK' BALDWIN

The Barn Sale yielded \$973 for the Residents' Association and \$356 for the Broadmead Assistance Fund. A committee of the Board of Directors was appointed to review the Barn Sale and plan future sales.

Good News: The Posner property which lies to the East (I think) of Broadmead and, if sold under its previous zoning, might have caused undesirable conditions for our community has been re-zoned "residential".

Property Taxes: At the last trustees' meeting it was reported that the desirability of an annual lump sum payment by Broadmead, in lieu of the large property tax, was receiving further study. Apparently no further developments; no reference to legislative efforts to immunize Broadmead in the future. (CFB's comment: This is obviously the kind of problem of vital interest to Residents which the Residents' Association should watch very carefully. The Board of Trustees obviously is keenly aware of the problem's importance).

Employees' Funds: A policy recommended by a special committee chaired by Franc Beck, of which your den father was a member, was adopted by the Board. Among other things, the committee's report recommends an average contribution of \$50 per Resident for each of the Xmas Fund and Vacation Fund. If that amount is paid, Broadmead would still be in the lowest bracket of Quaker-supported retirement communities with respect to gifts to employees. A copy of the committee's report will be sent to all Residents.

The annual Residents' party will be held Sunday, January 4, from 4 to 6 p.m.

Beauty Shop: The concession contract will expire in January. Rich Compton is in charge of its renewal. He needs to have the opinion of Residents about the present operation of the place. If you have any pronounced views on the matter--or even if your opinion is not pronounced--please inform Rich Compton, the Associate director of Broadmead.

--C. F. Baldwin, Den Father

The adjoining report was found posted in the laundry room of B Cluster, placed there by the chairman of the cluster, Charles F. Baldwin. This is his way of reporting to his members. Other chairpersons have undoubtedly reported in this and other ways. The Voice hopes that this sample of one chairman's capsulization may be informative to all Residents.

YARN FOR BOOTIES NEEDED

Several months ago, 17 Residents placed themselves under the tutelage of Mildred Davis, well known for her many-faceted talents. They were interested in learning the "how" of crocheting and knitting and, after many sessions of "knit, knit, purl," they began looking for the best way to use their newly acquired skill.

Following a procedure already established by the "Sew and So" group, the knitters decided to make booties for the Residents of Hallowell Hall. So far, 40 pairs of booties have been delivered, adding to the "little things" that make life a bit more pleasant and comfortable for the Residents of the second floor of the Center Building.

The knitters, however, have run out of yarn and are, hereby, appealing to their fellow-Residents to help, by sending any unused yarn in their possession to Mildred Davis, C-7 (628-6028)

ANN MILLER OPENS SERIES

Ann Miller, well-known lobbyist for good causes (without pay), veteran before the state legislature, and founder of the Maryland Food Bank, will open the 1981 Wednesday afternoon program series, beginning at 2 p.m., on Jan. 7.

The Maryland Food Bank is known throughout the country and has become a model for communities which want to attack world hunger on the home front. As one observer emoted, "It is too good, too efficient to be true."

For other speakers in January, see page 2, under "Wednesdays."

EDITOR'S NOTE: THE PIG REFERRED TO, ON PAGE 3, IS BEAUTIFULLY STUFFED.

TRAVELING? PRE-CHECK HOSPITALS

If any Residents plan to travel to remote places, they should pre-check the availability of medical facilities available there. This check should include hospital and emergency transportation. This caution is passed on to Broadmeaders, thanks to Maryland V. Pennell, a traveler herself, after she had read an article, "A \$20,000 Nightmare Vacation", in the Williamsburg (Va.) Observer.

EMBROIDERIES AND LACES ENLIVENLOWER HALL WITH FAMILY EXHIBITION

The Lower Level Hall was often bare and gloomy. It was a reproach whenever we entered the door. What could we do to help? We had an inspiration. Our sister, Elizabeth Tilton, at the request of a librarian in Annapolis, had collected a nice exhibit of embroideries and laces made by our mother and others, and also some purchased in our travels. The exhibit had been shown in a number of places, and was still in condition for display. With the assistance of Mary Stuart, Al Cousins, and Bill Muth, the Bouchelles got the exhibit in place.

We were rewarded even before we completed the job. Everyone stopped to examine, to read the captions and reminisce about the examples they owned and what they recalled their mothers doing with their needles.

The interest was constant. When the exhibit had to come down for the flower show, there were many inquiries as to how soon the exhibit would be back on display. It was partly rehung on two handsome mounting boards, which Administration installed for this type of exhibition.

These embroideries and laces belong to Elizabeth Charity (Tyson) Tilton and her sister, Margaret Tyson Bouchelle. The majority of them were made by their mother, Bertha Hawxhurst Tyson. Some were collected in the travels of Elizabeth and Margaret, and Bertha's sister, Caroline Hawxhurst Sharpless.

Bertha Hawxhurst Tyson never sat with idle hands. She subscribed to the magazine, Modern Priscilla, which contained many ideas for embroidering, crocheting,

and knitting. Her early work was fine and careful. Her later work showed the result of speed rather than concern with perfection.

Besides the two girls, Bertha Tyson was the mother of ten sons. She lived in the country in Southern Pennsylvania. Neighbors to sit and chat with were not nearby. TV came toward the end of her life. Her embroidery and reading were her amusement and her therapy.

She made a number of hooked rugs, crocheted bedspreads, and table cloths. She succeeded in making a "Flower Garden" quilt for each of her children and some of her grandchildren.

Bertha Tyson lived from 1881 to 1973 --92 years.

--Margaret T. Bouchelle

TOUCH TOYS FOR HANDICAPPED

An illustrated lecture by Henriette Zegers, artist, and inventor, on "Touch Toys" will be given Friday, Jan. 23, at 11 a.m., in the Lower Lounge. Please see bulletin board for details.

VOICE OF THE RESIDENTS

Published by and for the Residents Association of Broadmead,
Kenneth D. Walker, President.

EDITORIAL

G. James Fleming, Editor

Mildred Beck

Margaret Bouchelle

Richard Dow

Dorothy Graham

Nancy Rowe

Claire Walker

Virginia Williamson

PRODUCTION AND CIRCULATION

Franc Beck

Robert Bouchelle

Ruth Dibert

Lefty Graham

Esther Mahan

Cy Murphy

Margaret Tylor

Mildred Tyson, Treasurer

Mailing Address: Broadmead B-1
13801 York Road, Cockeysville, Md.
21030

Deadline for Feb. issue: Jan. 15

Decorations, Music Galore, Awards Mark Christmas

VISITING GROUPS AND RESIDENTS HELP BRING BROADMEAD SPIRIT OF CHRISTMAS

Cont. from pg 1

of Holly House had been decorated and the tree was aglow.

Incidentally, at this time of year, we understand it is a family tradition of the Mahan tribe to do just what they did, somewhere. If you have not seen Holly House this yuletide season, it should be a must before all the decorations are down.

* * *

Those Broadmeaders who were here last year could not wait to see what the decorations would be this year in the Center Building. And they were not disappointed. Those devotees of roses and other flowers decorated the Center gloriously, as if the flowers, themselves, were in an endless rendition of Christmas carols and other seasonal music. There were garlands everywhere. There was every specie of holly, including the exquisite camellia holly; there were wreaths of every vintage, and, as usual, and most important there were all the special floral arrangements for which the Flower Arrangers have become famous and beloved.

The Voice tried to obtain the names of all those who helped with the Center decoration, but Agnes Levy, the guiding light, said, "Don't use names; it was a joint effort. Some worked for 15 minutes, others for hours; some brought or sent greenery, others arranged it. Just call it a joint effort." Sorry, but we had to use Agnes Levy's name.

Central to the Center's decoration was a gigantic Christmas tree in the dining room on which the "joint effort" hung 600 bulbs. There was another stately tree in the Lounge, and others, here and there.

Taylor and Hallowell halls also showed, and still show, that "joint efforts" were also there. Lois Ritter, of staff, was in charge of decorations on Taylor Hall where a white Christmas tree dominated, accented by gold garlands.

On Hallowell there were two Christmas gardens. In the West Lounge the garden was loaned by the Hettchen family, of

Ellicott City, and came with electric train et al. In the East Lounge there was what is called an "old Christmas garden," while along the hallways (on both floors) were other colorful reminders of the yuletide. John C. Stokes provided the Christmas tree for the East Wing of Hallowell.

* * *

The special Christmas programs, principally music, were too many to cover here, but several participants and participating groups are listed in another column. Mention should be made, however, of the largest group to visit, one of two "neighbors." One group was composed of the chorus and instrumentalists of the Cockeysville Elementary School, of which Frank Kaufman is principal. They appeared on the evening of Dec. 19, in "Music from around the World," under the direction of Miss Alvina McDonald (chorus) and Mrs. Nancy Brown (instrumentalists).

The other group was the 4-h Clubs which serenaded the clusters with Christ-

Cont. to p. 7

THIRD HEALTH MAINTENANCE LECTURE

The third lecture-discussion in the Health Maintenance series will deal with "Prevention of Illness and Maintenance," and will take place Thursday, January 15, 1981, in the auditorium, beginning at 7:30 p.m.

The speaker will be Dr. Edyth H. Schoenrich, associate dean, the Johns Hopkins School of Hygiene and Public Health. The series is under the auspices of the Residents Ass'n Health Care Committee.

Dr. Schoenrich has long been concerned with the early detection of diseases and, more specifically, with measures designed to promote physical and mental health.

Mildred Beck is coordinator of the program.

DIRECTORY CORRECTION: Shelton, Harriette (Mrs.) instead of (Miss).

H A P P Y N E W Y E A R